

TABLE 7
1.5 MILE RUN – MALES

RESULTS AND SCORES

SCORE	AGE 20-29	AGE 30-34	AGE 35-39	AGE 40-49	AGE 50+
50	≤ 9:00	≤ 9:20	≤ 10:06	≤ 10:54	≤ 11:59
47.5	9:01-9:30	9:21-9:50	10:07-10:37	10:55-11:41	12:00-12:51
45	9:31-10:00	9:51-10:20	10:38-11:10	11:42-12:17	12:52-13:31
42.5	10:01-10:30	10:21-10:50	11:11-11:42	12:18-12:52	13:32-14:07
40	10:31-10:56	10:51-11:20	11:43-12:14	12:53-13:28	14:08-14:49
37.5	10:57-11:22	11:21-11:50	12:15-12:47	13:29-14:04	14:50-15:28
35	11:23-11:46	11:51-12:20	12:48-13:19	14:05-14:39	15:29-16:07
30	11:47-12:10	12:21-12:50	13:20-13:52	14:40-15:15	16:08-16:47
25	12:11-12:35	12:51-13:20	13:53-14:24	15:16-15:50	16:48-17:25
20	12:36-12:59	13:21-13:50	14:25-14:56	15:51-16:26	17:26-18:05
15	13:00-13:30	13:51-14:20	14:57-15:29	16:27-17:02	18:06-18:44
10	13:31-14:00	14:21-14:50	15:30-16:01	17:03-17:37	18:45-19:23
5	14:01-14:30	14:51-15:20	16:02-16:34	17:38-18:13	19:24-20:02

TABLE 8
1.5 MILE RUN – FEMALES
RESULTS AND SCORES

SCORE	AGE 20-29	AGE 30-34	AGE 35-39	AGE 40-49	AGE 50+
50	≤ 10:35	≤ 11:00	≤ 11:53	≤ 13:04	≤ 14:22
47.5	10:36-11:10	11:01-11:35	11:54-12:31	13:05-13:46	14:23-15:08
45	11:11-11:52	11:36-12:10	12:32-13:08	13:47-14:27	15:09-15:53
42.5	11:53-12:34	12:11-12:45	13:09-13:46	14:28-15:08	15:54-16:38
40	12:35-13:00	12:46-13:20	13:47-14:24	15:09-15:50	16:39-17:25
37.5	13:01-13:26	13:21-13:55	14:25-15:02	15:51-16:32	17:26-18:11
35	13:27-13:42	13:56-14:30	15:03-15:40	16:33-17:14	18:12-18:57
30	13:43-13:57	14:31-15:05	15:41-16:17	17:15-17:55	18:58-19:42
25	13:58-14:12	15:06-15:40	16:18-16:55	17:56-18:21	19:43-20:11
20	14:13-14:27	15:41-16:15	16:56-17:33	18:22-19:18	20:12-21:14
15	14:28-14:42	16:16-16:50	17:34-18:11	19:19-20:06	21:15-22:00
10	14:43-14:57	16:51-17:25	18:12-18:49	20:07-20:41	22:01-22:45
5	14:58-15:12	17:26-18:00	18:50-19:26	20:42-21:22	22:46-23:30